

Forgiveness: The Missing Peace

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Program Description: This program examines "forgiveness" from various perspectives. By definition of what forgiveness is and is not; the benefits of forgiveness and various theological beliefs. Treatment models and theories for couples, families and self-forgiveness are outlined.

Learning Objectives:

1. Increase understanding of the complexity of forgiveness from the religious, health and emotional perspectives.
2. Develop awareness of the foundation for forgiveness and the models used when learning the process.
3. Gain understanding of the roles of the therapist when using a forgiveness intervention.