

SOCIAL WORK WITH IMMIGRANTS AND REFUGEES

ABOUT THE SPEAKER

Lorna McKenzie-Pollock, LICSW - Psychotherapy private practice, Brookline, MA
Specializing in immigrants, refugees and limited English speaking persons, and including Individual, couple and family therapy, short-term cognitive-behavioral treatment and long term psychotherapy, hypnosis, forensic evaluations, and expert witness testimony around issues of posttraumatic stress.

PROGRAM DESCRIPTION

This program provides a framework for social workers and other mental health professionals to effectively serve immigrant and refugee communities. We will learn about the refugee and immigrant experience, and some challenges they face as they seek to rebuild their lives. The role of psychological trauma in many newcomer populations will be emphasized. We will discuss how to recognize and utilize newcomers' strengths, cultural resources and natural support systems.

LEARNING OBJECTIVES

Listeners will become familiar with:

1. The global context of migration and the impact of U.S. immigration policies
2. How to integrate a multicultural perspective in engagement, assessment, and intervention.
3. Psychological trauma as a key factor in understanding refugee and asylee communities