

Rebuilding After the Affair: Failures and Successes

With

**Jay M. Morrison, MSW, LICSW,
Diplomate in Clinical Social Work**

ABOUT THE SPEAKER:

Jay M. Morrison, LICSW is a marriage counselor in private practices with twenty five years of experience working with couples. He also teaches Couples Therapy and Advanced Family Therapy at Boston College Graduate School of Social Work, as well as having provided numerous training workshops.

ABOUT THE PROGRAM:

This program presents several case studies illustrating failure and success in the application of a variety of theoretical frameworks for assessment and practical treatment interventions aimed at helping couples to rebuild after an affair.

LEARNING OBJECTIVES:

1. Gain awareness of the diverse and sometimes conflicting theoretical models and interventions available in treating marital infidelity.
2. Gain understanding of the structure and task assignments of therapy for both the betraying partner and the betrayed partner.
3. Gain understanding of the proper attitudes and roles of the therapist in the treatment of affairs

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OUTLINE:

1. Introduction
 - Considering the meaning and complexity of Intimacy and Affairs
 - Diversity of Theoretical Opinions
 - Statistics and population characteristics
2. A review of theoretical frameworks
 - The Bowenian Model
 - Biochemistry and Neuroscience
 - The Trauma Model
3. Types of Affairs with case examples
 - Conflict Avoidance
 - Intimacy Avoidance
 - Sexual Addiction
 - Split Self
 - Exit Affair
4. Phases of Treatment
 - Chaotic Reactivity
 - Rebuilding Trust
 - Collaboration on a Better Future
5. Interventions to Rebuild After the Affair
6. Strategic Interventions
7. Forgiveness Concepts for the Betrayer
8. Granting Forgiveness
9. Acceptance
10. Format for setting the Contract and Summary Statement