

# **Group Psychotherapy**

## **With**

### **Dr. Scott Rutan**

#### **SPEAKER:**

J. Scott Rutan, Ph.D. is co-author of *Psychodynamic Group Psychotherapy* (2001) as well as 5 other books, numerous book chapters and dozens of articles in professional journals, all related to group therapy. He was the founder and for over 20 years director of the Center for Group Psychotherapy at Massachusetts General Hospital in Boston, is past Executive Director of the Boston Institute for Psychotherapies and has been a featured speaker at dozens of local, national and international conferences. He was rated in the top 5% of faculty of Harvard Medical School and named by Boston Magazine as one of “The Boston therapists who are held in the highest esteem by their colleagues.”

#### **PROGRAM:**

Explores the unique ways therapy groups provide authentic feedback, while at the same time providing acceptance and nurturance. In this age of weakened support systems, group psychotherapy is often the treatment of choice for today’s patients

#### **LEARNING OBJECTIVES:**

1. To understand the specific benefits of group psychotherapy.
2. To identify which patients are best served in group therapy.
3. To know how to begin a therapy group