

## Group Therapy Reading List

### Articles

Rutan, JS, Alonso, A. Some Guidelines for Group Therapists (A Reprise). *GROUP*. 1994;18(1):55-63.

Alonso, A, Rutan, JS. Activity/Nonactivity and the group therapist: “Don’t just do something, sit there!” *GROUP*. 1996;20 (1):43-55.

Rutan, JS. Growth through humiliation and shame. *International Journal of Group Psychotherapy*. 2000, 50 (4), pp.511-516.

### Books

Fehr, SS. Introduction To Group Therapy. New York, The Haworth Press, 1999.

Rutan, JS, Stone, WN. Psychodynamic Group Psychotherapy. (3<sup>rd</sup> Edition) New York: The Guilford Press, 2001.

Yalom, ID. The Theory and Practice of Group Psychotherapy. (2<sup>nd</sup> Edition) New York: Basic Books, 1975.